

# School Staff training Pre-Test Questions

## True or False

**1) Asthma is a curable disease**

True

False

**2) Nationwide, asthma is a leading cause of school absences.\***

True

False

**3) Montana law permits some students to self-carry their own asthma medication.\***

True

False

**4) Asthma medications, especially inhaled corticosteroids, are generally safe at the doses prescribed.\***

True

False

**Multiple choice: Please select the best answer (or answers, where indicated).**

**5) Asthma affects about \_\_\_\_\_ Montana children, aged 1-17 years old.\***

17,000

10,500

21,000

25,000

**6) What do students need on file at school in order for them to have medication kept at the school?\***

An authorization form signed by both a parent/guardian and a healthcare provider

An authorization form signed by the parent

- An authorization form signed by both a parent and a school nurse
- Students do not need anything in order to have their medication kept at the school

**7) Select three things (triggers) that might commonly cause a student to have asthma symptoms.\***

- School bus exhaust
- Crayons
- Classroom fish tank
- Strong perfumes or colognes
- Lots of pollen in the air
- Having a cold or the flu

**8) What are the 2 main types of asthma medications?\***

- Antihistamine medication
- Controller medication
- Quick-relief or rescue medication
- Long-acting stimulant medication

**9) Choose two common early warning signs of an asthma attack:\***

- Earache
- Upset stomach
- Wheezing
- Coughing

**10) Of the two main types, which one type of medication should all students with asthma have stored at your school?\***

- Quick-relief or rescue medication
- Antihistamine medication
- Controller medication
- Long-acting stimulant medication

**11) Choose 2 things that you should do if a student starts showing asthma symptoms:\***

- Give them an injection of epinephrine

- Monitor the child to make sure they improve
- Consult the child's asthma action plan for the appropriate step to take
- Have the child lay down

**12) Choose 2 signs that a student's asthma is getting worse and 911 should be called:\***

- The student becomes very thirsty.
- The student's neck muscles are pulling in and her nostrils are flaring as she breathes.
- The student is reacting sluggishly.
- The inhaler medication administered has improved her symptoms.

**13) The 2 main causes of airway narrowing during asthma attacks are:\***

- Increased breathing rate and mucus production
- Inflammation
- Muscle tightening
- Excessive coughing
- Increased saliva production

**14) Which is the MOST common way to trigger an anaphylactic reaction?**

- Ingestion (eating)
- Inhalation (breathing in)
- Skin contact (touching)
- None of the above

**15) Select 2 steps that you should take if you believe that a student is experiencing symptoms of anaphylaxis.\***

- Call 911
- Administer epinephrine
- Direct the student to use his/her inhaler.
- Before doing anything, wait to see if the student gets better.